

Alpine Wellness Morning

MOVEMENT • RITUAL • RECOVERY • RELAXATION

Breathtaker
Spa

AUGUST

SUNDAY

30

7AM

8 BREATHAKER RD, MT BULLER

X8 TICKETS AVAILABLE - \$185 PP

CONTACT THE SPA TEAM TO PURCHASE YOUR TICKETS

Event Itinarey:

7:00am | Arrival & Welcome

Guests arrive at Breathtaker On High Spa, check in and settle into the morning with a warm welcome and herbal tea.

7:15am | Poolside Pilates

A rejuvenating 45-minute Pilates session beside the pool, combining mindful movement, breath and gentle strengthening against the beautiful alpine backdrop.

8:00am | DIY Amber Magnesium Salt Ritual

A guided hands-on ritual where guests create their own luxurious Amber Magnesium Salt Scrub to use during their Bath House experience.

8:30am | Breathtaker Bath House Experience

Relax, unwind and enjoy the Bath House facilities while incorporating your freshly created magnesium scrub into your bathing ritual.

10:00am | Wellness Refreshments & VIP Shopping

Enjoy a refreshing juice while taking time to explore the spa's wellness offerings and LaGaia retail collection.

Guests can enjoy their **exclusive 10% VIP discount** on LaGaia retail products and **receive 10% off any 60-minute** treatment or longer booked on the day.

10:30am | Event Conclusion & Wellness Gift Bag

Take home your curated wellness gift bag and your handmade magnesium scrub, with the morning complete feeling restored, refreshed and re-energised.

Event Details:

Location: Breathtaker On High Spa, Mt Buller.

Arrival: 7:00am

Event concludes: 10:30am

Ticket price: \$185 per person

Availability: Limited places

WHAT TO BRING

- Comfortable Pilates attire
- Swimwear
- A change of clothes if desired
- Your favourite wellness mindset

IMPORTANT

Please arrive promptly at 7:00am so you can check in and be ready for the Pilates session.

This is an intimate, limited-capacity experience designed to provide guests with a relaxed and personalised morning of movement, self-care and alpine wellness.